



Snacks and meals

We make snack and lunch time a social time at which children and adults sit together. We provide healthy snacks and meals. Please tell us about your child's dietary needs and we will plan accordingly.

Example menu

Day/Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereal fresh fruit fromage frais	Selection of cereal fresh fruit Toast	Selection of cereal fresh fruit crumpets	Selection of cereal fresh fruit pancakes	Selection of cereal fresh fruit croissants
Snack	Fresh fruit Breadsticks and dip	Fresh fruit Toast	Fresh fruit Fromage frais	Fresh fruit raisins	Fresh fruit Cucumber sticks and cheese spread
Lunch	Home cooked Lasagne and salad Or Macaroni cheese and salad - Angel Delight	Chicken Roast Or Vegetarian roast - Rice Pudding	Shepherd's pie and vegetables Or Vegetarian shepherd's pie and vegetables - Ice-Cream -	Chicken curry and rice Or vegetable curry and rice - Jelly	Fish fingers, mash potato and beans Or Mozzarella cheese sticks, mash potato and beans - Moose
Snack	Fresh fruit Rich Tea Biscuit	Fresh Fruit Pepper sticks and dip	Fresh Fruit Cheese cubes	Fresh Fruit Breadsticks and cheese spread	Fresh Fruit Cheese straws
Tea	Selection of sandwiches - Fresh Fruit - Banana and Custard	Selection of crackers with cheese - Fresh Fruit - Fromage Frais	Selection of Wraps - Fresh Fruit - Trifle	Toasted sandwiches - Fresh Fruit - Cookie	Beans on toast - Fresh Fruit - Fairy cake